

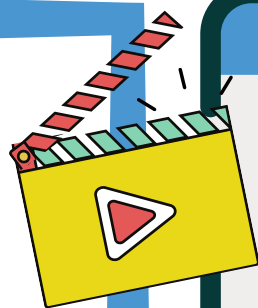
Get Set Up

A **great** online session will:

- Have an uncluttered background
- Not compromise anyone's privacy
- Keep you 'in shot' when moving around
- Be well lit and avoid shadows
- Make sure the audio is clear throughout
- Limit distractions and interruptions
- Feel like a live, in-person session

A pre-recorded session can also:

- Include a title or introduction
- Use subtitles and other features
- Add an end slide to give more information
- Feature 'out-takes' - we're only human!



Delivering **SUPER**
Online Sessions

Set up for success

Use your skills

Plan, do & review

Engage participants

Reduce the risks

More support  and advice at:



Use Your Skills

Consider the **challenges**:

- Practise timings and transitions
- Use prompts (they can stay out of shot)
- Demonstrate and describe clearly
- Connect emotionally and be supportive
- Have fun - smiles are infectious!
- Use regular health & safety reminders
- Finish well - recap, thank, signpost

Plan the content for your audience:

- Find great ideas you can build on
- No kit? Get creative with household objects
- Be aware of music licensing rules
- Request feedback

Top Tip!

Ask for reactions and comments, post a link to an online survey or set up an email just for feedback

Top Tip!

Get participants involved in writing a code of conduct for online sessions

Reduce Risk

**Get advice from
your Governing Body**

Consider what good and poor practice looks like when delivering online sessions

Ensure parents are involved and understand the nature of the sessions

Search 'Net Aware' for guidance

Considerations for choosing a hosting service:
Public or private? Live or pre-recorded?
Security & accessibility? Features & limitations?

Find ways to ensure fundamental safeguarding processes can be applied e.g. seeking consent and reporting concerns

Maintain openness, transparency and communication

